

# **Gottman Couples Workshop**

## *The Art & SCIENCE of Love*

### Couples learn how to...

- ❖ Foster respect, affection and closeness
- ❖ Keep conflict discussions calm
- ❖ Build and share a deeper connection
- ❖ Break through and resolve conflict gridlock
- ❖ Strengthen and maintain success in your relationship

Presented in a LIVE Online Format

Appropriate for All Couples.

13.5 CE's Available for Clinicians



**Next Online Workshop:**

***September 12th & 13th, 2020***

**[www.aCouplesWorkshop.com](http://www.aCouplesWorkshop.com)**

or call (415) 721-4310 for more information.

**Presented by Senior Gottman Certified Therapists**  
**Lisa Lund, CRC, MFT (33393) & Bob Navarra, PsyD, MFT (15997)**